

ANTI-BULLYING PLAN 2025

Lambton High School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Lambton High School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School Culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Term 1	Behaviour code for students as part of Core Values – Light the Week Assembly
Term 1	Deputy Principals, Boys and Girls Advisor presentations on respectful relationships
Term 2	Peer Support - Bystander to Upstander presentation also available on Canvas

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional Learning
Fortnightly	Teaching and reinforcing respectful relationships at communication meetings
Term 1	Presentation of Anti-bullying Plan, Processes and procedures
Term 1	Presentation of bullying referral processes.
Term 3	Presentation of Social Emotional Learning

1.2

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways:

- information is provided in a handout to staff when they enter on duty at the school
- an executive staff member speaks to new and casual staff when they enter on duty at the school
- the principal speaks to new executive staff when they enter on duty at the school, as part of the induction process.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website.

- School Anti-bullying Plan
- NSW Anti-bullying website
- Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication topics and Professional Learning
Term 1	P&C defining student bullying and school supports
Ongoing	School website school Facebook and school newsletter - Bystander behaviour
Term 2	Parent Learning Group - cyberbullying and how to address it.



Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following:

Resilience and Relationships, Small group support: Brave program and Managing the Bull program, one on one support through external providers.

Presentation from Police Youth Liaison Officers re ramifications of harassment online. Year 7 Boot Camp, peer support program and peer support camp, Wellbeing Days with a focus on the Wellbeing Framework These may include:- Sleepathon, RUOK, Harmony Day, Reconciliation Week. Random Acts of Kindness, Green Day.

Gratitude Empathy and Mindfulness activities are delivered as part of weekly mentoring sessions.

All mentoring resources are provided to students via the LHS Student Diary. Further support is provided by the Learning Support Team & Wellbeing Team and through the Wellbeing Hub.

Completed by: James Ostermann

Position: Principal

Signature:

Date: 4.2.2025